



REAL ID Compliance in 2020



What is the **REAL ID** drivers license?

First thing to know is that it is essentially an enhanced driver's license. It requires more extensive documentation, raising the security standards for what will be accepted at airports and federal buildings.

The **REAL ID** is going to be required in **Arkansas** starting October 2020. In order to get a **REAL ID**, Arkansans must provide a passport or birth certificate, two proofs of address documents like bank statements or utility bills, social security card, name change linking documents such as marriage certificates or divorce decrees.

The **REAL ID** compliant cards will contain a full or open circle, gold or black star.

Without the **REAL ID**, citizens hoping to travel within the nation will have to present another form of documentation, like a passport.

If it's not time for you to renew your license, you can get the **REAL ID** license for \$10.

Visit the El Dorado Revenue Department at 236 American Road or call (870)863-3862 to obtain your **REAL ID**.



Martin Luther King, Jr. DAY OF SERVICE

"Make it a Day ON, Not a Day Off"

Legislation was signed in 1983 creating a federal holiday marking the birthday of Rev. Dr. Martin Luther King, Jr. This federal holiday was first observed in 1986.

In 1994, congress passed the King Holiday and Service Act, designating the Martin Luther King, Jr. Federal Holiday as a national day of service and charged the Corporation for National and Community Service with leading this effort. Taking place each year on the third Monday in January, the MLK Day of Service is the only federal holiday observed as a national day of service—a "day on, not a day off." the MLK Day of Service is a part of United We Serve, the President's national call to service initiative. It calls for Americans from all walks of life to work together to provide solutions to our most pressing national problems. The MLK Day of Service empowers individuals, strengthens communities, bridges barriers, creates solutions to social problems, and moves us closer to Dr. King's vision of a "Beloved Community."

Participation in the MLK Day of Service has grown steadily over the past decade with hundreds of thousands of Americans each year engaging in projects such as tutoring and mentoring children, painting schools and senior centers, delivering meals, building homes, and reflecting on Dr. King's life and teachings. Many of the projects started on MLK Day continue to engage volunteers beyond the holiday and impact the community year-round. <https://leadasap.ysa.org> › mlkday

***RSVP volunteers will be reading to Retta Brown Elementary children. Call Cheryl 870.864.7084 if you would like to participate.**

Please update your contact information

Your updated information is needed so we can make sure you are invited to our recognition events, send you your timesheets, the newsletters and update you on new and exciting volunteer opportunities. If there are any changes to your mailing address or phone number, call Cheryl 870-864-7084. Thanks a million!



RSVP Volunteers



- 6- Janis Camp
- Carolyn Hay
- Betty Shutes-Christopher
- 7- Jeanette Simmons
- 8- Joseph Hershberger
- 9- Randy O'Barr
- 10-Joan Hershberger
- 14-Judy Couch
- Sharon Thompson
- 15-Hope Bean
- 16-Pat Peel
- 17 Paula Goodwin
- 19-Connie Short
- 23-Cynthia Allgood
- 27-Edna McCullars
- 29-Pat Smith
- 31-Richard Trinca



- 3- Pearl Elmore
- Collen Martin
- Steve Splawn
- 4- Trisha Nash
- 6- Rosie Hicks
- Robert Mayhan
- Jim & Kathie Torracco
- 7- Pauline Easter
- Wendy Walton
- 9- Betty Chatham
- 10-Anthony Mello
- 13-Elvie Carey
- 16-Linda Bates
- 17-Virginia Mulligan
- Mary Scott-Post
- 20-James Willis
- 21-Joan Gauthreaux
- 23-Taryn Colvin
- 26-Maureen DeBruin
- 27-Grindyl O'Neal
- 28-Katie Butler
- 29-Janice Bush
- CleVester Williams

Entergy Arkansas Issues Scam Alert



Don't fall victim to the Utility Phone Scam!

It may be a new year, but 2019 has seen the same old scam from con artists. Entergy Arkansas is aware of scammers across the state trying to get money from customers over the phone with threats of shut-off. There are some variations to the scam, but the basic premise stays the same. The scammer usually calls a customer with a spoofed number, often looking legitimate, then tells the customer they have an hour to pay or their power will be cut off. They ask the customer to give a credit card number right then, buy a prepaid gift card, or even transfer funds electronically.

No utility does business like this. It is important to understand that if a customer's bill is overdue, they will get notice *in writing* with a shutoff date. It will not come as a surprise.

Entergy NEVER demands immediate payment from customers over the phone.

No matter how legit the caller ID looks or how aggressive the scammer is, hang up and call 1-800-ENTERGY, local police and Attorney General's office of consumer protection.

<https://arkansasag.gov/consumer-protection>



Do not give them money.
Do not give them any information.

February- American Heart Month



Traditionally this month is for lovers and all things heart related, but February also reminds us to take care of our heart. It is American Heart Month

Heart disease is the leading cause of death for men and women in the United States. Every year, 1 in 4 deaths are caused by heart disease.

The good news? Heart disease can often be prevented when people make healthy choices and manage their health conditions.

By living a healthy lifestyle, you can help keep your blood pressure, cholesterol, and blood sugar levels normal and lower your risk for heart disease and heart attack.

Some heart healthy foods: leafy green vegetables, whole grains, berries, avocados, walnuts, beans, dark chocolate, fatty fish, and fish oil

Try this heart healthy Garlic-Roasted Chicken Recipe

Ingredients:

- 2 Tbs extra-virgin olive oil
- 4 skin-on, boneless chicken breasts (about 1 1/2 pounds)
- Kosher salt and freshly ground pepper
- 2 heads garlic
- 4 sprigs fresh rosemary
- 4 slices sourdough bread, grilled or toasted
- 2 Tbs. white wine vinegar

Directions:

1. Preheat oven to 425' F. Heat the olive oil in a large ovenproof skillet over medium-high heat. Season the chicken with salt and pepper. Cook skin-side down, until browned, about 5 minutes.
2. Separate the heads of garlic into cloves but do no peel. Flip the chicken; add the garlic and rosemary to the skillet and transfer to the oven. Roast until the chicken is cooked through but still moist. 15-20 more minutes.
3. Place the bread on a platter and top each slice with a chicken breast. Add the vinegar to the skillet and scrape up any browned bits with a wooden spoon. Add 3 Tbs water and simmer until the sauce thickens slightly, about 2 minutes. Pour the sauce and garlic over the chicken and bread.
4. Tip: You can squeeze the garlic out of its skin and spread on the chicken or bread.

You are never too old to set another goal or to dream a new dream.
-C.S. Lewis



Medicare Advantage Open Enrollment Period

During the Medicare Advantage Open Enrollment Period (MA OEP), you can switch from your Medicare Advantage plan to another Medicare Advantage plan or to Original Medicare with or without a stand-alone prescription drug plan. The MA OEP occurs from January 1 through March 31. Changes made during this period are effective the first of the following month.

***Caution-by dropping your Medicare Advantage Plan and going back to Original Medicare, you will be responsible to find a Medigap Policy that will cover the 20% that Medicare doesn't cover.**

Hiding in plain sight-the adult literacy crisis

Approximately 32 million **adults** in the United States can't read, according to the U.S. Department of Education and the National Institute of **Literacy**. The Organization for Economic Cooperation and Development found that **50 percent** of U.S. **adults** can't read a book written at an eighth-grade level.

As unsettling as these statistics are...

You can make a difference!

Volunteer with the Literacy Councils of Union and Columbia Counties.

Union County
870.864.8071

Columbia County
870.234.6064



2020! Happy New Year's Day!

New Year's Day is a national holiday celebrated on January 1st, the first day of the New Year, following the Gregorian and Julian calendar. This New Year's holiday is often marked by fireworks, parades, and reflection upon last year while looking ahead to the future's possibilities. Many people celebrate New Year's in the company of loved ones, involving traditions meant to bring luck and success in the upcoming year. Many cultures celebrate this happy day in their own unique way. Typically the customs and traditions of happy New Years Day involve celebrating with champagne and a variety of different foods. New Years marks a date of newly found happiness and a clean slate. For many celebrating New Years is their opportunity to learn from the prior year and make positive changes in their life.

Medicare Drug Open Enrollment Ends

Many thanks to the RSVP volunteers who helped 337 beneficiaries during the Medicare "D" Open Enrollment period. Doris Ashcraft, Shirley Gardner, Linda Kalcich, Lynn Mucklerath, Virginia Mulligan, Fayrene Rash, Nancy Webb, & Gretchen West

You are AMAZING!

Volunteer Spotlight



Kathy Juniel is originally from Bearden. She relocated to El Dorado eleven years ago.

Kathy graduated from Henderson State University (Go Reddies!) with a degree in Elementary Education. Her first teaching job was teaching first graders in Little Rock. Kathy said it was very exciting when they learned to read. She has also worked in other learning environments including Day Care Centers.

As a volunteer with Union County Literacy Council, she finds it rewarding to help adults accomplish their goals. Literacy has always been important to her.

In her spare time she loves to read, write songs, and poems. Kathy loves to travel and has been on many exciting adventures in the United States. She loves to cook, shop and celebrate with her church (New Providence) and her family.

Thank you Kathy, for your love of helping people, your kind spirit and your sweet smile!

Have you ever wanted to learn something new? El Dorado Connections Tri-County RSVP has just the opportunity for you.



The **VITA (Volunteers Income Tax Assistance)** Program offers free **tax** help to people who generally make \$56,000 or less, persons with disabilities and limited English speaking taxpayers who need assistance in preparing their own **tax** returns.

Training is available. Call Dara 870-864-7083 for more information or to volunteer to help.

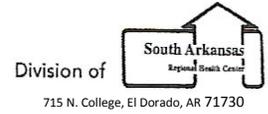
South AR Regional Health Center



824 Camp Street
El Dorado, Arkansas 71730

RETURNED SERVICE REQUESTED

Non-Profit Org
U. S. Postage
P.A.I.D.
Permit No. 204
El Dorado, AR 71730



CORPORATION
FOR NATIONAL
SERVICE



MISSION STATEMENT

To provide a variety of opportunities for citizens to participate more fully in the life of their community through significant volunteer service and to advocate for the aging population in South Arkansas.

RSVP STAFF

Julia Amis, Director
Dara Stanfill, Literacy Dir./Admin Asst.
Cheryl Splawn, Volunteer Manager

EL DORADO EXPRESS

Transportation for Senior Adults 60 years of age and older

870-864-7082

Do you need a ride to the doctor? To the grocery store? Or to pay some bills. Give us a call we can make it happen.

- 24 hour notice for local
- 48 hour notice for long distance

EL DORADO CONNECTIONS/RSVP ADVISORY COUNCIL 2020

Bill Odom-Chair
Vince Dawson-Vice Chair
Lucy Bawel
Vicki de Yampert
Bonnie Miears
Annette Pate
Leroy Shelton
Connie Short
Barbara Warrick

Our Advisory Council Volunteers are the best!